

## November 2016 Guidance Lessons:

Virtus Personal Safety Lesson 1 was taught in all grades; Opt-out Forums were sent home prior to going into classrooms.

**Grade 8:** AN INTRODUCTORY VIDEO MADE BY VIRTUS WAS SHOWN, FOLLOWED BY DISCUSSION. WE TALKED ABOUT BOUNDARIES AND DISCUSSED STATISTICS ON SEXUAL ABUSE AND WHAT WE CAN DO TO PROTECT OURSELVES AND OTHERS. THEN, STUDENTS GOT INTO GROUPS AND BEGAN TO MAKE A POSTER TO PROMOTE AWARENESS OF SEXUAL ABUSE, WHICH WILL BE CONTINUED IN THE SPRING.

**Grade 7:** AN INTRODUCTORY VIDEO MADE BY VIRTUS WAS SHOWN, FOLLOWED BY DISCUSSION. WE TALKED ABOUT BOUNDARIES AND DISCUSSED STATISTICS ON SEXUAL ABUSE AND WHAT WE CAN DO TO PROTECT OURSELVES AND OTHERS. THEN, STUDENTS GOT INTO GROUPS AND BEGAN TO MAKE A POSTER TO PROMOTE AWARENESS OF SEXUAL ABUSE, WHICH WILL BE CONTINUED IN THE SPRING.

**Grade 6:** AN INTRODUCTORY VIDEO MADE BY VIRTUS WAS SHOWN, FOLLOWED BY DISCUSSION. WE TALKED ABOUT BOUNDARIES AND DISCUSSED STATISTICS ON SEXUAL ABUSE AND WHAT WE CAN DO TO PROTECT OURSELVES AND OTHERS. THEN, STUDENTS GOT INTO GROUPS AND BEGAN TO MAKE A POSTER TO PROMOTE AWARENESS OF SEXUAL ABUSE, WHICH WILL BE CONTINUED IN THE SPRING.

**Grade 5:** AN INTRODUCTORY VIDEO MADE BY VIRTUS WAS SHOWN, FOLLOWED BY DISCUSSION. WE TALKED ABOUT BOUNDARIES AND WENT OVER THE PERSONAL SAFETY RULES. WE DID TWO CLASS HANDOUTS ON "LEARNING TO SAY NO!" AND "SAFE TOUCH VS. UNSAFE TOUCH".

**Grade 4:** AN INTRODUCTORY VIDEO MADE BY VIRTUS WAS SHOWN, FOLLOWED BY DISCUSSION. WE TALKED ABOUT BOUNDARIES AND WENT OVER THE PERSONAL SAFETY RULES. WE DID TWO CLASS HANDOUTS ON "LEARNING TO SAY NO!" AND "SAFE TOUCH VS. UNSAFE TOUCH".

**Grade 3:** AN INTRODUCTORY VIDEO MADE BY VIRTUS WAS SHOWN, FOLLOWED BY DISCUSSION. WE TALKED ABOUT BOUNDARIES AND WENT OVER THE PERSONAL SAFETY RULES. WE DID TWO CLASS HANDOUTS ON "LEARNING TO SAY NO!" AND "SAFE TOUCH VS. UNSAFE TOUCH".

**Grade 2:** AN INTRODUCTORY VIDEO MADE BY VIRTUS WAS SHOWN, FOLLOWED BY DISCUSSION. WE TALKED ABOUT DIFFERENT BODY PARTS AND PLAYED THE SONG: "HEAD, SHOULDERS, KNEES AND TOES". WE TALKED ABOUT THE DIFFERENCE BETWEEN A SAFE TOUCH AND AN UNSAFE TOUCH, AND THE SAFETY RULES WE SHOULD FOLLOW. THE STUDENTS BEGAN WORKING ON THEIR "PERSONAL SAFETY PASSPORTS" THAT WE WILL FINISH IN THE SPRING.

**Grade 1:** AN INTRODUCTORY VIDEO MADE BY VIRTUS WAS SHOWN, FOLLOWED BY DISCUSSION. WE TALKED ABOUT DIFFERENT BODY PARTS AND PLAYED THE SONG: "HEAD, SHOULDERS, KNEES AND TOES". WE TALKED ABOUT THE DIFFERENCE BETWEEN A SAFE TOUCH AND AN UNSAFE TOUCH, AND THE SAFETY RULES WE SHOULD FOLLOW. THE STUDENTS BEGAN WORKING ON THEIR "PERSONAL SAFETY PASSPORTS" THAT WE WILL FINISH IN THE SPRING.

**Kindergarten:** AN INTRODUCTORY VIDEO MADE BY VIRTUS WAS SHOWN, FOLLOWED BY DISCUSSION. WE TALKED ABOUT DIFFERENT BODY PARTS AND PLAYED THE SONG: "HEAD, SHOULDERS, KNEES AND TOES". WE TALKED ABOUT THE DIFFERENCE BETWEEN A SAFE TOUCH AND AN UNSAFE TOUCH, AND THE SAFETY RULES WE SHOULD FOLLOW. THE STUDENTS BEGAN WORKING ON THEIR "PERSONAL SAFETY PASSPORTS" THAT WE WILL FINISH IN THE SPRING.